

# 2024 Alaska Wing Summer Encampment Pre-Encampment Guide for Students & Parents

cao 6 Mar 24

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# 1.0 Mission and Purpose

- **1.1** The mission of the 2024 Alaska Wing Encampment is for cadets to develop leadership skills, investigate aerospace sciences and related careers, commit to a habit of regular exercise and solidify their moral character.
- **1.2** The purpose of the 2024 Alaska Wing Encampment is to provide the cadets with a foundation from which to build on their Civil Air Patrol careers. The encampment will provide the cadets with the opportunity to:
  - 1. Apply knowledge gained in the cadet and senior programs to practical situations.
  - 2. Develop a greater understanding of Civil Air Patrol and Air Force missions and capabilities.
  - 3. Develop leadership potential, discipline, time management, and interpersonal skills.
  - 4. Learn how to overcome challenges and succeed through critical thinking.
  - 5. Enhance their local unit's cadet program.
  - 6. Aid in retention and motivation.
  - 7. Receive an introduction to the military-style training of the Civil Air Patrol.
  - 8. Build self-confidence.
  - 9. Experience esprit de corps and the warrior spirit.
- **1.3** Philosophy: Encampment presents the five key traits of cadet life- Uniform, Aerospace themes, opportunities to lead, challenge, and fun- in an intensive training environment that moves cadets beyond their normal comfort zones for personal growth.

Through activities such as obstacle courses, firearms training, and the like, encampments encourage calculated risk-taking in a safe environment. To develop their resilience, cadets may encounter momentary setbacks toward their personal and team goals during carefully designed activities. Adult guidance and encouragement from fellow cadets ensures a supportive environment.

Encampment showcases the cadet programs' regimented military-like training model in a positive, age-appropriate manner consistent with Civil Air Patrol and Air Force traditions. Encampments operate at a higher level of intensity. The strictness, rigor, sense of urgency, and overall expectations

of military bearing will be markedly more challenging at encampment, than at squadron meetings or Saturday field exercises.

• Please refer to <u>CAPR 60-2</u>, <u>Cadet Protection Program</u> and <u>CAPP 60-15</u>, <u>CAP Cadet Protection Implementation Guide</u> for more information on CAP's cadet protection guidelines and the policy on intensity levels.

Encampments challenge cadets and enable them to earn a great sense of accomplishment.

# 2.0 Application and Registration

**2.1** Beginning 15 March 2024, all cadet registration will be open and accomplished through the Alaska wing website 2024 AKWG Encampment.

All students must have completed the Curry Achievement to attend the encampment.

- **2.2** Encampment fees are as follows:
  - a. Cadet Student- \$350.00
  - b. Cadet Advanced Training School (ATS)- \$390.00
  - c. Cadet Cadre- \$250.00
  - d. Senior Member Cadre- \$0.00
  - 2.3 Financial Assistance- Cadet Encampment Assistance Program (CEAP)

    Information on CEAP Thanks to Air Force support, CAP has special fundingavailable to cover encampment fees, uniforms, and other costs associated with the encampment program with an emphasis on serving economically disadvantaged cadets.

All cadets can apply for assistance but priority is given to first time attendees. Returning cadets applying for assistance will be placed on a waitlist and are processed after all first time applications have been served.

Due to the complexities of the NHQ processes, requests for financial assistance via the CEAP program will be managed online through eServices as national funding and cadet eligibility allows. Please contact your unit's Deputy Commander for Cadets for further information.

# 3.0 Arrival and Check-in Procedures

Parents/guardians will receive detailed pickup and graduation attendance instructions via email no later than 9 June 2024. At that time, you may be asked to provide information required to arrange for base access to attend the graduation and pickup your cadet during the dismissal/outprocessing process.

# 4.0 Sample Schedule

**4.1** The following is a sample of what a typical day at encampment will be like. There will be differences from day-to-day as the training requirements and activities dictate.

- o Reveille/Wake up
- o PT- Cadets will do push-ups, sit ups, straddle-side-hops, run and many other exercises. Medical concerns should be addressed prior to the activity in the required paperwork.
- o Personal time- cadets have time to change, tidy up their room and prepare for the day's activities.
- Morning formation
- Breakfast and flight time- cadets will have time to prepare for inspections with their flight and attend classes that teach leadership, aerospace education, and Civil Air Patrol & United States Air Force general knowledge.
- o Lunch and flight time
- o Drill practice- Cadets will learn basic stationary drill up to advanced marching drill as a flight.
- Extended afternoon activity- this can range from orientation helicopter flights to obstacle courses.
- o Evening formation
- o Dinner
- o Flight time
- o Volleyball
- Personal time
- o Taps/lights out

Throughout the day cadets will be inspected on their Operating Instructions (SOI) memory work, drill and uniform.

# **5.0 Encampment Medical Information**

## **5.1** Medical care during encampment

Ensure that all pertinent medical conditions/ information, dietary restrictions are noted on the required forms prior to the start of encampment. Health services cadre will be on site 24 hours a day for the duration of the encampment. Should a cadet need emergency care, the cadet will be transported to the nearest medical facility and the cadet's emergency contact will be contacted as soon as possible.

## **5.2** Taking of medications

All cadets are responsible for administering their own medications and will keep required medications with their personal belongings. Parents may request the encampment medical officer to assist with reminders for their cadet, however it will ultimately be the responsibility of the cadet to take their medications.

Cadets who have allergies that require them to carry an epinephrine auto injector (Epi Pen), will bring two injectors to encampment. One injector will be kept on the cadet at all times and the other (spare), will be kept in their personal belongings.

Cadets who require insulin medications will carry their medications/ monitoring equipment with them at all times. Please ensure that the cadet is sent to encampment with enough medication to last 10 days as a precaution.

#### **5.3** Accommodations

CAP encourages all cadets, regardless of abilities, to attend encampment. The encampment commander will make reasonable accommodations to cadets who possess physical, mental, or learning disabilities so that those cadets may participate in encampment to the greatest extent possible. Cadets and their parents are responsible for coordinating their special needs with the encampment cadre as far in advance as possible.

#### **5.4** Blisters

Blisters are possibly the most common injury at encampment but are

also the most preventable injury at encampment. Dress shoes, boots and tennis shoes should be broken in prior to encampment to prevent blisters as these make it very uncomfortable to walk (and there is a lot of walking!). Moleskin is on the packing list to treat blisters and hotspots as they arise. Training officers carry the supplies and know how to treat blisters. Training officers will conduct mandatory feet checks every night before lights out.

# **6.0 Progressive Disciplinary Policy, Rules and Regulations**

6.1 There are two classes of offenses, A and B. Class A offenses are major violations that may result in immediate expulsion from the encampment. Class B offenses are lesser infractions that may result in the assessment of lesser disciplinary actions, such as litter patrol, barracks clean up, etc. The cadre and senior staff reserve the right to adjudicate and enforce any and all offenses and the Encampment Commander's decision is final in case of any dispute.

# **6.2** Disciplinary Class System

Class A Offenses (include, but are not limited to):

- Possession or use of alcohol, tobacco products, drugs or weapons of any kind.
- o Possession or distribution of pornography in <u>any</u> form.
- o Willful damage or theft of Government, CAP or private property.
- o Fighting and bullying.
- o Gambling.
- o Honor Code violations (lying, cheating or stealing).
- Flagrantly unsafe acts.
- o Improper sexual contact or other gross immorality.
- o Gross neglect of duty.
- o Being AWOL (Absent without leave) from Encampment or any scheduled activity.
- Any Class B offense committed under aggravated circumstances, such as repeated misconduct of the same sort.

#### **6.3** Class B Offenses (include, but are not limited to):

- o Public display of affection.
- Sleeping on duty
- Insubordination or disrespect to cadet or senior NCO/Officers. Absent from room/bed during non-duty hours unless specifically authorized (exception using the restroom, accompanied to/from by your roommate).
- o Creating a disturbance.
- o Late to class or formation.
- o Disrespect to the National Colors (American Flag)
- o Unauthorized possession of food, candy, gum, sodas, etc.
- o Use of obscenity or profanity.
- o Being in areas off limits to cadets.
- o Improper/sloppy uniform or personal appearance.
- Personal areas not neat or in conformity with Operational Instructions (SOI).
- o Improper conduct in mess hall or waste of food.
- o Talking in formation.
- o Conduct unbecoming of a Civil Air Patrol Cadet.

#### **6.4** Violation Process for Class B Offenses

First Violation: Verbal Warning/retraining (line-cadre)

Second Violation: Documented: Informal counseling/Mentoring with the flight staff and a senior member (TO or Encampment Commandant). A disciplinary action may be taken at this point (i.e. barracks clean up).

Third Violation: Documented formal counseling with the Commandant (results may be subject to expulsion).

#### **6.5** Cadet Restrictions

- 1. The use of any non-prescription medications must be cleared by the Medical Officer before being taken at encampment.
- 2. Cadets will not gamble, smoke (vape, chew or e-cigarettes), use drugs, or consume alcohol at any time during encampment regardless of age. 3. Cadets will not engage in conversation with any other cadet outside of his/her assigned flight except in accomplishment of official and authorized

business.

- 4. Cadets will not leave the barracks area at any time except when authorized. Cadets will march and square corners when in formation. 5. Sunglasses will not be worn in uniform by students unless the Medical Officer authorizes them.
- 6. Personal stereos, mobile phones, alarm clock radios, televisions, ipod/mp3, smart watches, blue tooth speakers or any electronic device will not be used during the encampment and will be turned in at check-in.
- 7. Barracks areas of members of the opposite sex are prohibited from 2130 to 0700 hours for all personnel. Entering barrack areas of the opposite sex during authorized hours is for Official Business Only. You will sound off "Male/Female on deck!" so that all can hear. The response that will be given when appropriate is "All Clear". Do not enter until cleared by someone in the barracks. If there is no response after three "honest" attempts, assume no one is in the area and enter.

# 7.0 Encampment Honor Code

- 7.1 The Encampment Honor Code: "We will not lie, steal, or cheat, nor tolerate among us anyone who does". The purpose of the Honor Code is to foster an environment based upon a personal sense of honesty, integrity, and responsibility. Implementation of the Honor Code means you will be trusted to do what is right and must confront those who violate these standards. An honor code violation will result in possible removal from Encampment. If you think a violation has occurred or if you have a question about the Honor Code, talk to your flight commander. Remember that not tolerating violations is just as important as every other part of the honor code.
  - Lying- Lying is any statement of untruth, which is meant to deceive or mislead. One example of lying at encampment is intentionally hiding contraband from senior members doing contraband check.
  - Stealing- Anyone who wrongfully takes, obtains, or withholds someone
    else's property without their permission, with the intent to temporarily or
    permanently deprive another of such property, is guilty of stealing.
  - Cheating- In essence, cheating is taking unfair advantage of another. Cheating violates the competitive sense of "fair play". An example of cheating at encampment is not completing all required laps during the one mile run portion of the PT assessment test and coercing your spotter to indicate otherwise or knowingly allowing it to occur.
  - o **Toleration** Toleration means enduring without complaint. If you know a cadet has lied or cheated, and you fail to report or confront the matter, you

are guilty of toleration, therefore, breaking the honor code.

# 8.0 Memory Work

**8.1** Cadets area required to memorize a set of specific memory work daily. When reciting memory work you will begin by prefacing with an appropriate title (i.e. Sir/Ma'am, Sergeant, Chief). You will then restate the title of memory work you were asked to recite. Example: "Sir, the Cadet Honor Code is as follows..."

## **Military Chain of Command:**

Commander-In-Chief: The Honorable Joseph R. Biden, Jr.

Secretary of Defense: The Honorable Lloyd J. Austin III

Secretary of the Air Force: The Honorable Frank Kendall III

Chief of Staff of the U.S. Air Force: Gen David W. Allvin,

USAF Commander, Air Combat Command: Gen Mark D. Kelly, USAF

Commander, 1st Air Force: Lt Gen Steven S. Nordhaus, USAF

#### **Civil Air Patrol Chain of Command:**

Commander, Civil Air Patrol: Maj Gen Edward Phelka, CAP

Region Commander, Pacific Region: Col Virginia Nelson, CAP

Commander, Alaska Wing: Col Derk MacPherson, CAP

Encampment Commander: Lt Col Brian Porter, CAP

Commandant of Cadets: 2d Lt Joseph Moon, CAP

Cadet Commander: C/Lt Col Katarina Lukic, CAP

Cadet Deputy Commander for Operations: C/Lt Col Michael Porter, CAP

Cadet Deputy Commander for Support: C/Maj Thomas Clifton, CAP

## Air Force and Civil Air Patrol Rank Structure and Insignia

Cadet Airman Basic through Major General

## **Encampment Honor Code**

"We will not Lie, Steal, or cheat, nor tolerate among us anyone who does"

# **Air Force Song** (first verse)

Off we go into the wild blue yonder,

Climbing high into the sun;

Here they come zooming to meet our thunder,

At 'em now, give 'em the gun! (Give 'em the gun, Hey!)

Down we dive, spouting our flame from under,

Off with one helluva roar!

We live in fame or go down in flame. (Hey!)

Nothing'll stop the U.S. Air Force!

#### **Cadet Oath:**

I pledge that I will serve faithfully in the Civil Air Patrol Cadet Program, and that I will attend meetings regularly, participate actively in unit activities, obey my officers, wear my uniform properly, and advance my education and training rapidly to prepare myself to be of service to my community, state and nation.

# **Civil Air Patrol Founding Date:**

The Civil Air Patrol was founded on 1 December 1941.

# **Air Force Founding Date:**

The United States Air Force was established on 18 September 1947

# **Implementation of the Cadet Program:**

The Civil Air Patrol Cadet Program was implemented on 2 October 1942

# **Civil Air Patrol's Three Primary Missions:**

Emergency Services, Aerospace Education, and Cadet Programs

#### **Civil Air Patrol Core Values:**

Integrity, Volunteer Service, Excellence, Respect

#### **Air Force Core Values:**

Integrity First, Service Before Self, Excellence In All We Do

#### **Civil Air Patrol Motto:**

Semper Vigilans (always vigilant)

## **Definition of Military Discipline:**

The mental attitude and state of training which renders willing obedience instinctive under all conditions.

## **Definition of Leadership:**

The art and science of influencing and directing people to accomplish the assigned mission.

"There is no limit to the good that you can do if you don't care who gets the credit."

#### - General George C. Marshall, USA

"Leadership is a two-way street, loyalty up and loyalty down, respect for one's superiors; care for one's crew."

# - Rear Admiral Grace Hopper, USN

"There are no secrets to success. It is the result of preparation, hard work, and learning from failure."

- General Colin Powell, USA

#### **Preamble to the Constitution:**

We the people of the United States, in Order to form a more perfect Union, establish Justice, insure domestic Tranquility, provide for the common defence, promote the general Welfare, and secure the Blessings of Liberty to ourselves and our Posterity, do ordain and establish this Constitution for the United States of America.

# 9.0 Encampment Immediate Chain of Command

- **9.1** Flight Commander- the flight commander (Flt CC) is primarily responsible for the implementation of the encampment training program at the flight level. The Flt CC directs the activities of the flight sergeant and directly reports to the Cadet Deputy Commander of Operations.
- **9.2** Flight Sergeant the Flight Sergeant (Flt Sgt) is directly responsible for the personal implementation of the encampment training program. The Flt Sgt reports to the flight commander and is mentored by the First Sergeant.

# 10.0 Uniform and Appearance

## **10.1** Grooming standards

All members of CAP must be well groomed and assure that their personal appearance at all times reflects proper credit upon themselves and CAP. Not doing so will hurt the scores of the individual cadet and his/her entire flight and squadron. The established grooming standards are published in CAPR 39-1, found at: CAPR 39-1, CAP Uniform Regulation

# **10.2** General Appearance

Cadets will be in proper uniform at all times. Cadets are expected to maintain a high standard of appearance. Uniforms will be neat and clean at all times. All buttons with the exception of the top button will be buttoned. No items will be carried in shirt pockets except for CAPID Card and Student Operating Instruction (SOI). Uniforms will be worn in accordance with CAPR 39-1. (Please ensure things such as name tapes and patches meet the uniform standards as those are things that cannot be fixed at encampment and will hurt the cadet's score during daily uniform inspection throughout the week.)

#### 10.3 Uniforms

The uniform combinations to be worn during encampment are outlined on the encampment packing list. The uniforms that will be worn are: Short sleeved blue service dress, ABU, and the physical training uniform.

# 11.0 Barracks Procedures

- 11.1 Cadets will move to the side and stand at attention in passageways to allow all officers to pass. The greeting of the day (for example, "good morning, sir") should be rendered to the passing cadre member. Cadets will not come to attention on stairways or in bathrooms, (for safety reasons) but will allow cadre members to pass, following customs and courtesies.
- **11.2** Unnecessary noise and horseplay will not be permitted in the barracks at any time.
- 11.3 Barracks areas will be kept clean and in inspection order between the hours of 0630 and 2030 daily. "Inspection order" means free from dirt and debris, beds made and cadet possessions properly put away.
- 11.4 Cadets must sleep in their own beds. Cadets will remain in their beds between lights out (Taps) and reveille with the exception of using the

restroom or in an emergency.

11.5 There will be **NO TALKING** after lights out. If cadets must leave their bunks to use the bathroom, they will go directly to the bathroom and directly back to their beds.

# 12.0 Religious Accommodations

# 12.1 Chaplain Availability

There will be a chaplain available for the duration of encampment who is available to talk upon request by the cadet through their respective flight cadre. If a cadet requests to see the chaplain, cadre members are obligated to take them to meet with the chaplain as soon as practical. No cadet will be denied the ability to speak with a chaplain.

# 13.0 Encampment Contact Information

**13.1** Encampment Commander

Lt Col Brian Porter

341570@akwg.cap.gov

**13.2** Commandant of Cadets

2d Lt Joseph Moon

591071@akwg.cap.gov

**13.3** Health Services Officer

Capt Wendy Sanders

679996@akwg.cap.gov

# 14.0 Frequently Asked Questions

# **14.1** Communication with My Son/Daughter

 Cadets will not be able to make or receive phone calls, except in the case of an emergency. Mobile devices will be confiscated at check in and returned at the end of encampment.

- o Cadre will have cell phones for emergencies only.
- o There is no mail service to or from encampment.
- o **EMERGENCY CONTACT** Lt Col Porter, (907) 717-9184 o If your cadet needs medical attention during encampment, you will be contacted by the encampment medical officer.

## **14.2** Housing

- o Male and female cadets will be billeted separately.
- o Senior members will provide supervision during off-duty hours.

# 14.3 Physical Training & Hygiene Expectations

PT is an integral part of the encampment experience (consequently, cadets can expect to take a shower, with shower shoes worn, each day). PT helps to maintain your health and well-being, builds teamwork, and allows cadre to evaluate your physical condition. It is important that cadets prepare for the physical demands of encampment as they will be quite different from most cadets normal routine. A good way to prepare is to run and do calisthenics right after waking up. This will simulate an encampment style physical training experience.

# **14.4** Money

The encampment fee covers all encampment expenses. No need to bring money.

#### 14.5 Dismissal for Cause

The encampment environment is not a rehabilitative environment. A cadet who cannot conform to regulations, who creates an unsafe environment or who cause a disruption of discipline at encampment will be subject to disciplinary action, including dismissal. Cadets may be dismissed from encampment (without refund) for the following reasons: destroying or stealing government, CAP, or personal property; actions that jeopardize the safety of personnel; or, using, or having in their possession, illegal drugs, intoxicating beverages, weapons, tobacco products, explosives, knives, or any flame producing devices. Parents or guardians will collect their dismissed cadet immediately. Disciplinary actions, including dismissal are at the discretion of the Encampment Commander and such decisions are final. Cadets are rarely sent home for health reasons, although their participation level may be lowered to accommodate medical conditions.

## **14.6** Wait list/ Standby

Once the maximum number of cadets have registered, cadet names will be placed on a wait list in the order they are received. If previously accepted cadets withdraw, the cadets on the wait list will be accepted (in order of application) and promptly notified. As 1 June 2024, approaches, the first 3 – 5 cadets left on the wait list will be notified that they are on "standby". If a cadet does not show up the first day of encampment, the "standby" cadets will be invited to fill the slot. Standby cadets will have 24 hours to accept the slot offered to them.

While the alternate list is generally first-come, first-served, the activity directors manage their alternate lists according to the needs of the activity. Some basic business rules are used when activity directors consider cadets for openings. Directors will consider whether the standby cadet is a first time attendee, their ability to attend given short notice, and gender for appropriate lodging.

# 15.0 Packing List

Any updates to this list will be provided to registered students and posted on the 2024 AKWG Summer Encampment website as the information becomes available.

		2024 AKW			•		
		Cadet STU	DENT F	Packii	ng L	ist	
	FICA	cao 23 Jan 24		LIVERS OF PERCONAL CARE			
:NII	IFICATION (must be carried at all times during CAP activities)  1   Current CAP Membership Card			HYGIENE & PERSONAL CARE  2+   Facemasks unless fully-vaccinated			
┥	1	CAPF 161	-	$\dashv$			
+	1	CAPF 161	-	$\dashv$		Comb/Brush	
Us			- H	$\dashv$	_	Soap (bar preferred)	
T	1	Player (Name / Civil Air Petral Tance cours on)	┩ - }	$\dashv$		Shampoo	
┥	1	Blouse (Name/Civil Air Patrol Tapes sewn on) pr Trousers		$\dashv$		Deodorant Toothbrush	
┥	1	Cover		$\dashv$	_	Toothpaste	
┥	1		╅	$\dashv$		,	
┥	5	pr Black Combat Boots (broken in, well fitting) pr Boot Socks (black)	╅	$\dashv$	_	Shaving Kit Towel & Washcloth	
┪	2	pr Elastic Boot Blousers	+ +	$\dashv$	_	pr Shower Shoes (flip-flops)	
┥	1	"Rigger" belt (tan)	<b>-</b>	$\dashv$	_	Prescribed Medications	
┥	2	pr CAP Grade Insignia (1 pr minimum)	+ +		oma	les Only:	
┥	4	T-Shirts (Tan, plain preferred, unit OK)(black for BDUs)	<b>—</b> •	<del></del>	ema	Feminine Hygiene Products	
-	4	1-Shirts (Tan, plain preferred, unit Ok)(black for BDOS)	+ +	$\dashv$		2.	
D) //	CE II	ANTEODRA (Class B)	•	$\dashv$		Hair Pins/Bands/Nets/Hairspray as need to keep hair IAW CAPR 39-1	
T		INIFORM (Class B)	4 <u> </u>	PECIT		Nylons (if wearing skirt) ITEMS	
+		Short Sleeve AF Blue Shirt/Blouse	<del>│</del>	REQUI	_	Hydration Gear (Water Bottle or Canteen)	
┥	1	pr AF Blue Trousers/Slacks/Skirt Blue CAP Cadet Nameplate	╅	$\dashv$	_	Mesh Laundry Bag	
┥	1	·		$\dashv$			
┥	1	AF Blue Enlisted Flight Cap	+ +	$\dashv$	1	Clothes Hangers for uniforms  Notebook	
┥	3	CAP Cadet Enlisted Cap Device	╅	$\dashv$	_	Pens	
┥	1	White V-Neck T-Shirts  AF Blue Belt w/Silver Buckle		$\dashv$			
┥			+ +	$\dashv$	_	18 inch ruler (can be a cut yardstick) Shoe-Shine Kit (can of black polish, brush, cotton rag)	
┥	1	pr Low Quarter Oxford Shoes (black) (or low-heeled pumps w/skirt)	┵	$\dashv$	_	, , , , ,	
┥	5	pr Black Dress Socks with trousers (or nylons with skirt)\		$\dashv$	1	White Sheet, Flat, Twin-size, Cotton or Cotton/poly	
4	1	pr Military Shirt Garters	+ +	$\dashv$	1	White Sheet, Flat or Fitted, Twin-size, Cotton or Cotton/poly	
+			-	$\dashv$	_	White Pillowcase Pillow	
IVCI	CAL	TRAINING LINIEORM (PTU)	<b>-</b> -	$\dashv$			
T		TRAINING UNIFORM (PTU)	-	$\dashv$	1	Blanket, Conservative, Dark-colored	
┥	5	pr Athletic Socks (white or black)	-	-	1	Garment bag recommended	
┥	2	pr Running Shoes (broken in)	+ +				
┥		pr Athletic Shorts (Conservative, Dark Color)	+ -				
┥	1	Athletic Sweetshirt (Concentative Dark Color)	1 7	OPTIO	NIAI	. ITEMS	
┥	1	Athletic Sweatshirt (Conservative, Dark Color)	- 1	T		Disposable Snapshot Camera	
+	1	pr Sweatpants (Conservative, Dark Color) (optional)	+ +	_	1	Disposable Shapshot Camera	
N-I	UNIF	FORM CLOTHING	1 6	PREPA	RAT	TION CHECKLIST	
Т	7	pr Underwear (suitable for physical training)	1 [	Т		Males: Fresh Haircut & Shave IAW CAPM 39-1	
┪	3	Bras (female - at least 2 sports-type)	1 [	$\neg$		Wash/Clean & Press Uniforms	
┪	1	Raincoat/Poncho (black, woodland, dark blue)		$\neg$		Break In Boots	
7				$\Box$		Clean & Shine Shoes & Boots	
						Hydrate for week leading up to encampment	
nen	pack	ing, remember that you will be required to carry all of your go	ear at on	nce dur	ing s	ign-in.	
iter	ns m	oust be labeled with the Cadet's last name on shirttails of ur	niform sl	hirts &	t-sh	irts, waistband of underpants,	
		el of uniform pants. Otherwise may not be returned with lau	ndry.				
		nust be completely contained within gear bag or suitcase.					
ОН	IBITI	ED ITEMSCadets may *not* bring any of the below ite	ems			les de la company	
4		Knives	┤╶┞	$\dashv$		More than \$20.00 Cash	
4		Lighters, Matches, Fire Starters, Fireworks	┤╶┞	$\dashv$		(except with documented medical need to bring/carry fo	
$\perp$		Tobacco Products of Any Kind	┤╶┞	$\dashv$		Beverages other than Water	
_		Entertainment books (comics, magazines, etc.)	<b>↓ ↓</b>	-		Non-Prescription Drugs not listed in Medical Forms	
4		Video games/electronic devices including phones	1 L			Wristwatch	
$\frac{1}{2}$							
1							