

# Alaska Wing Civil Air Patrol



Merrill Field in Anchorage  
Photo by: Maj. Julie G. Rivera Mercado

**January 2026 Magazine**



## The Importance of Temperance: Master of One's Self

**Temperance** is not merely about restraint; it is the essential habit of moderating our impulses and emotions, allowing us to make wise choices and behave in ways that benefit ourselves and others. It serves as a vital foundation for setting ourselves up to achieve meaningful, long-term life goals.

### Why Temperance Matters

- **Internal Harmony:** It addresses the natural conflict within the human brain between the **Limbic System** (responsible for impulses and emotions) and the **Pre-Frontal Cortex** (responsible for problem-solving and behavior management).
- **A Shield Against Pressure:** Temperance is one of the strongest ways to stand against negative peer pressure, which is especially important during adolescence when the brain's impulse control is still developing.
- **The Path to Excellence:** It is not about suppressing emotions, but rather using them in the pursuit of excellence and governing our most intense energies so they act as they ought.
- **Social Rehabilitation:** As seen in the case of Phineas Gage, a disciplined and predictable life helps restore temperance and personal responsibility even after significant challenges.

### How to Cultivate It

Building temperance requires active practice and structural support:

1. **Define Your Values:** Knowing your core values and long-term goals helps guide your daily decisions.
2. **Order and Routine:** Creating an everyday routine brings predictability that supports self-control.
3. **Accountability:** Seeking out a "partner" or mentor who shares your values can help you stay honest and responsible.
4. **Biological Tools:** Techniques like **Box Breathing** can physically reduce stress, improve focus, and boost your ability to manage impulses.

"Temperance is simply a disposition of the mind which binds the passions." — Thomas Aquinas

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# More than a mission: Why suicide prevention is everyone's business

By: Maj. Julie G. Rivera Mercado  
Clinical Thanatologist, M.S. in I/O

The statistics in our state are heavy: Alaska currently faces the highest suicide rate in the nation. While the Civil Air Patrol has launched a focused initiative to train our leaders, the truth is that crisis does not stop at the squadron doors. It can happen to anyone, a cadet, a fellow officer, a spouse, a coworker, or a friend.

By participating in this training, we aren't just improving our Wing; we are becoming a stronger frontline of defense for our entire community.

Recognizing the signals: What to look for Crisis rarely happens without warning. Whether you are at a CAP meeting or at home, these "red flags" are the same:

- Verbal clues: Listen to phrases like "I'm just a burden," "I can't see a way out," or "I'm tired of fighting." Even "joking" comments about not being around anymore should be taken seriously.
- Behavioral changes: Look for? a sudden loss of interest in hobbies, withdrawal from social circles, or giving away prized possessions.
- Emotional shifts: Unusual irritability,

extreme mood swings, or a sudden, eerie "calmness" after a period of deep depression (which can sometimes signal a person has decided).

Prevention: The power of connection Suicide prevention isn't just a medical task; it is a human one. It starts with the courage to connect.

- It can happen to anyone: Mental health struggles don't discriminate. High achieved, "strong" leaders, and happy-looking teenagers can all be fighting invisible battles.
- The importance of talking: We often fear that bringing up the subject will cause harm. Asking someone, "Are you thinking about hurting yourself?" provides a life-saving release valve. It shows them that you see their pain and you aren't afraid of it.
- Listening is direct action: You don't need a degree in psychology to help. Being a non judgmental listener who simply stays present with someone in their darkness can be enough to get them through the next hour.

Caring for the caretaker As senior members, we often focus so much on "The Mission" that we forget

to monitor our own "fuel gauges."

- Check on your peers: If a fellow member seems burnt out or "off," reach out.
- Take care of yourself: Recognizing when you need a listener is a sign of strength. We are a team, and teammates look out for one another's well-being as much as their professional performance.

The Tool: What is QPR?

To support this culture, we are using QPR training (Question, Persuade, and Refer). Think of it as "CPR for the mind."

- Question the person about suicide.
- Persuade them to get help.
- Refer them to the proper resources.

It is a one-hour, self-paced online course available in Absorb. The skills you learn in this 60-minute window apply to every area of your life—from the flight line to your own dinner table. The Mission: 25% by 2025

Our goal is to increase adult participation in this training by at least 25% monthly. By completing this course, you are helping to build a safety net that spans the entire state

of Alaska.

## HOW TO GET STARTED

Log into Absorb.

If you would like TLC On-Demand Credit you MUST be enrolled in TLC-OD before you take QPR

Once in Absorb Search "QPR" or click this link: [bit.ly/AbsorbQPR](https://bit.ly/AbsorbQPR)

Link works best if you are already logged into Absorb when you click.

Takes just 1 hour!

One hour of your time could mean a lifetime for someone you love. Let's lead by example—showing our community that in the Alaska Wing, no one stands alone.



Every Monday 6:30 to 8:30 Kenai Cadets deliver Aerospace, Leadership, Health Fitness Zone/ Safety, and Character Development Presentations. The presentations are perfectly informative. Public speaking is a fear that many people have, so working on it builds strength in all areas of life. Cadets practice

includes the CORE Values of Integrity, Volunteer Service, Excellence and Respect. Cadets continue advancing in personal development. The Cadet Program supports the process of becoming the best person we all can be. The Cadets even begin to enjoy the process as proven by the results, and they volunteer much more.



to alleviate this universal fear. The Cadets are determined to work hard so that public speaking becomes something to look forward to. Senior members are present to appreciate and support Cadet progress. Cadets become more confident the more they practice public speaking. This process

When they conquer their fears, they become stronger and more confident. Cadets realize that they can achieve just about anything! The process is a proven one.

Orientation flights are provided which helps to keep cadets involved

in the cadet program. Flying builds confidence in just about all areas of their lives. They study and work very hard to meet their life goals. They become safe pilots and join the military or make aviation their life's work. Senior members are proof of this. Learning to fly is an integral and crucial part of the Cadet Program.

On the December 20th weekend Cadet Deputy Commander Luke Cole did lead the Great Start Weekend. It was for new cadets and their parents. The purpose was to orient the new cadets and their parents on how Civil Air Patrol works. The goal is to help new cadets achieve their first achievement as quickly as possible. The four basic areas of Leadership, Health Fitness Zone, Aerospace, and Character Development were described. These areas are covered in ALL Achievement Levels. Basic Drill was practiced. Cadets used their computers to pass required modules. They are also taught to: be an active participant, memorize the Cadet Oath, wear the proper uniform, and display Leadership qualities.

### CONGRATULATIONS

Great Start was successful for all attending Cadets and Parents. They achieved the Curry Award. C/1st Lt

Luke Cole did a fine job organizing and carrying out the Great Start Program.

Cadets worked very hard and passed many achievements recently.

Curry Award: C/Amn Peter Ufkin, C/Amn Sequoia Joachim, C/Amn Camilla Roberts, C/Amn Porter Holladay, C/Amn Everett Lewis, C/Amn Riley Lewis, C/Amn David Lipps, C/Amn Elizabeth Moyer.

Achievement 3: C/SrA Kael Madsen.

Achievement 4: C/SSgt Gunnar Jensen.

Achievement 7: C/CMSgt Elodie Frisk.

Billy Mitchell: C/2nd Lt DeClan Cobb.

Amelia Earhart: C/Capt. Thomas Anthony.

We're very proud of all the excellent effort to advance in the program.

**WELCOME** to our new cadet: David Lipps. Joining CAP makes a positive difference in our community. We're proud to have these cadets in the Kenai Squadron. All cadets are working hard, setting a good example in our community, and supporting each other in continuing to practice the Core Values. The world is a much better place with these young cadets in it. Our cadets continue to make America strong. We are very proud of them.

December, the month of cold wind and ice. The month of December was a quick one for the Valdez Squadron, but still productive!

To start the month off, we successfully accomplished multiple drill tests and C/2dLt Taylor gave a speech on the resume. He told all the cadets how important it is, plus what all to put on one to have the highest chances of landing a job; the very thought of that last word scared the cadets right out of their seats!

For aerospace, we had a jeopardy contest which turned out to be a great learning time for everyone, including the seniors.

The pictures on the walls of our

cadet room “definitely” were not of any use during the contest...

While planning the weekly agenda, it is sometimes difficult to always incorporate fun into activities, excluding the aerospace, since there are so many presentations/lectures that just need to be accomplished each month. But fun is an attribute in Civil Air Patrol just like everything else, and that is why the Valdez Squadron makes it a point to set aside a day here and there explicitly for fun!

After taking a break for Christmas, Valdez Squadron decided to end the month with an exciting movie night where we watched the movie: Red Tails.

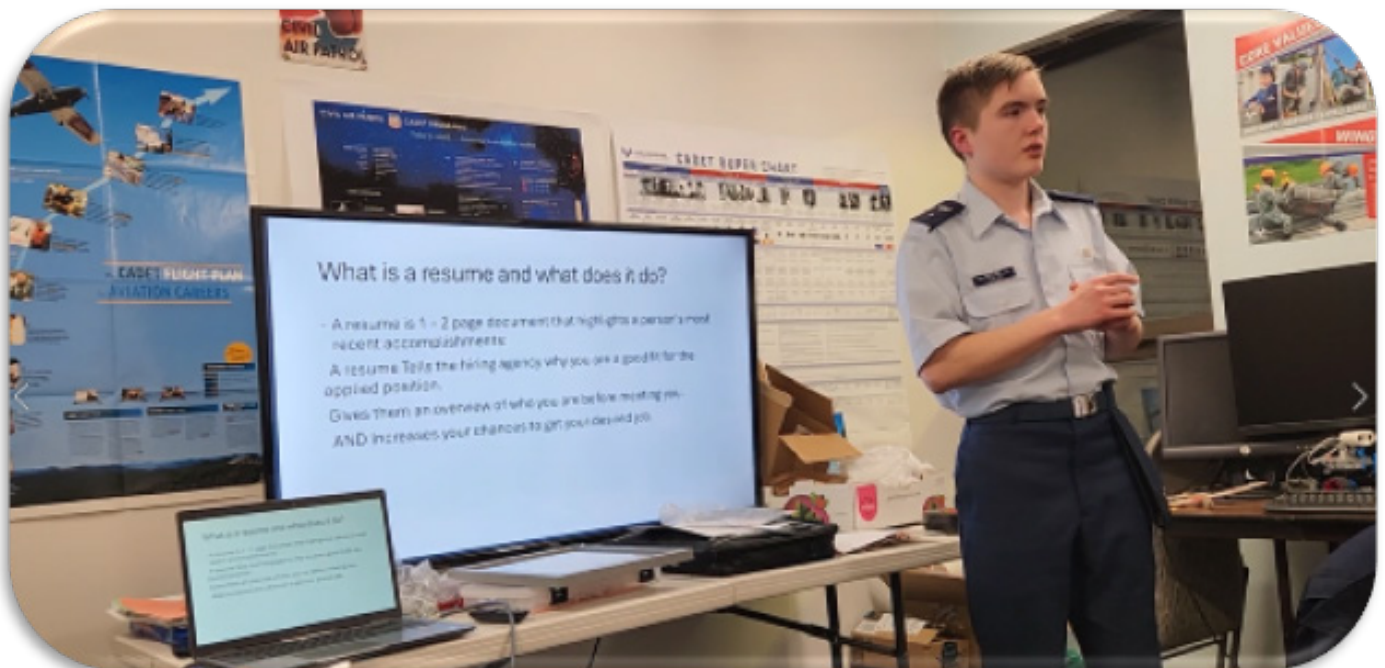


Photo credit: 1st Lt Taylor - C/2dLt Taylor presenting his speech on the resume.

“Its a long road, and even the best are still learning where it leads...” - Unknown



Photo credit: Lt Col. McIntyre - From left to right: 1st row: C/2dLt Taylor, C/CMSgt J. Sims  
2nd row: Corbin (a perspective cadet), C/Amn Sanborn, C/A1C Winchester, C/1stLt Caelyn Wise, C/1stLt Christina Wise, C/ CMSgt D. Sims, C/1stLt J. Wise 3rd row: C/A1C Reiter



Photo credit: 1st Lt Taylor From left to right: 1st row: C/2dLt Taylor, C/CMSgt J. Sims 2nd row: Corbin (a perspective cadet), C/Amn Sanborn, C/A1C Winchester, C/1stLt Caelyn Wise, C/1stLt Christina Wise, C/ CMSgt D. Sims, C/1stLt J. Wise 3rd row: C/A1C Reiter

## Valdez Squadron open staff positions:

### **Recruitment and Retention officer**

We are all a part of Recruitment and Retention and with that in mind the R&R officer is here to help. The R&R officer would put on courses and training to make sure everyone knows how to best present our squadron when trying to recruitment friends, family, and the general public.

### • **Public Affairs officer**

The Public Affairs officer makes sure our squadron is seen and is being seen by:

1. Keeping the squadron web page up to date.
2. Taking photos, and making squadron articles; taking up

my position of writing this so Cadets like me can better their time in their other squadron positions.

### • **Public Affairs assistant**

The Public Affairs assistant helps the Public Affairs officer and in turn makes their job easier. They could be the one taking photos, putting up fliers around town, or simply just be another pair of eyes for their articles before there submitted.

### • **Supply Personnel**

The Supply Personnel makes sure the hanger and meeting room is in order, and that all inventory items are accounted for.



Valdez cadets check out a cadet that just walked in sporting the new uniform before the meeting start-ed.

# Arcturus

Article and pictures by:  
C/Amn Tobin Sobrepena



Santa and exchanging gifts and smiles. During the Holiday Party, the cadets who participated on the CyberPatriot team were awarded with a challenge coin for their outstanding efforts and performance this year.



As Alaska's winter season nears, the his Holiday season, the new Arcturus Squadron cadets had the chance to grow closer to one another by participating in the Holiday Party. Cadets also embraced their thoughtfulness by playing Secret

Besides the Holiday Party, the Arcturus Squadron did not have the chance to meet for the normal meetings and CyberPatriot practice due to unsafe weather conditions.



## **CHANGE of COMMAND**

### 085TH Tok Composite Squadron

This December the Tok Squadron changed command. Following 8 years leading the 085th, Capt Harry White passed the baton. Accepting the command is Lt Col David Briar.

The Change of Command ceremony took place on 15 December at Fast Eddie's Restaurant here in Tok Alaska. Several Cadets and Senior Members were recognized for their contributions to the 085th.

Outgoing Commander gave special

recognition to; SM Arron Atchley, SM Barbara Pine, SM Matt Basye, Capt Richard Dennis, and Col Briar. Each were commended for the significant contributions to the 085th.

Our new Squadron Commander, LtCol Briar; recognized Capt Harry White for his eight years of leadership, and promoted two cadets. These are now C/SSgt Kara Basye, and C/1stLt Richards.



CAP Command Transfer: In December the Command of the 085th changed hands following eight years under the Command of Capt Harry White. Lt Col David Briar assumed command at this ceremony on 15 Dec 2025 at Tok's premier restaurant, Fast Eddies.



CAP Aaron: SM Aaron Atchley gets special commendation from Capt. Harry White. Capt, White noted that SM Atchley is always willing to assist in any way possible; always positive and a good example to all. His attendance reflects possible one absence per year when he goes hunting.

Cadet Presentation: Now C/SSgt Kara Basye has just been promoted. This is the first Milestone Award within the Cadet Program.



Cadet Richards: Cadet Richards was promoted and is now C/1stLt Richards. This is a milestone towards becoming Captain.



# WREATHS ACROSS AMERICA CEREMONY

In Tok at -25 below zero

by Capt. Richard Dennis, PAO

Photos by: Capt. Richard Dennis

With temperatures running 50, 60 and even 70 below zero the Tok Composite Squadron held its annual Wreaths Across America ceremony. This is a Ceremony to honor our veterans who have been laid to rest at the Tok Cemetery. This is the 6th year that the Tok Civil Air Patrol Squadron has recognized our veterans with this ceremony.

It all started years ago on the East Coast when a wreath company found they had a large number of unsold holiday wreaths. The owner recalled a trip from his youth to our nation's capital. As a kid he'd won a newspaper contest. Part of that trip included a visit to Arlington National Cemetery. With that memory from his youth, he decided to donate those wreaths in the memory of veterans.

That program has grown exponentially to become a huge national event. It now stretches across our nation. These wreaths are placed coast to coast honoring our veterans and now as far North as here at Tok, Alaska. Last year an estimated 3.2 million wreaths were placed nationally. 74 wreaths were placed in the Tok Cemetery, along with a number of wreaths going to the small outlying Village of Tanacross.



The Wreath Across America ceremony at the Tok Cemetery took place on December 20th. That was Saturday morning at 11:00. While temperatures had been hitting 50, 60 and even 70 below zero we lucked out catching a heat wave at minus 25.



The Tok Cemetery is neatly maintained. There are a total of 74 veterans buried there and an additional 14 noted upon several memorial walls. Temperatures had been running down to the minus 50s and 60s, but were up to a minus 25 during the ceremony.



The Ceremony started at 1100hrs with C/SSgt Kara Basye, and C/A1C Aiden Gross reading the names of the Veterans who have been placed there at the Tok Cemetery. This was followed by the placement of a Christmas Wreath for each Veteran.

# ALASKA WING CADET ADVISORY COUNCIL ESTABLISHES COMMITTEES AND GOALS FOR THE 2025-2026 TERM

By: C/2d Lt Christian Yew

The Alaska Wing Cadet Advisory Council (CAC) has established four committees for the 2025-2026 term, with leadership and goals identified. These committees are supported by the Wing Commander and are focused on cadet opportunities, flight training, qualifications, and wing communication.

During the CAC's first meeting of the term, council members voted on which committees would be implemented. Of the proposals submitted, four committees were passed to the wing commander and approved for CAC discussion.

The Cadet Opportunities Committee, led by C/SMSGT Klayum, focuses on three main objectives, volunteer service, fundraising, and scholarship opportunities. Individuals in this committee are tasked with seeking out prospects, communicating them to other CAC representatives, and brainstorming different events that will aid individual squadrons and the wing. The Flight Programs Committee, led by C/Maj Clifton, is tasked with informing, directing, and assisting cadets pursuing training throughout CAP's various aerospace professions. The committee will connect cadets to different training programs including orientation flights, National Cadet Special Activities (NCSAs), scholarships, and flight training leading toward certification.

The Cadet Program Awards and Qualifications Committee, led by C/1st Lt Bennet, is focused on helping cadets earn ratings and mastery awards available within Civil Air Patrol. Sub-goals include connecting cadets with qualified instructors for task sign-offs, increasing awareness of available ratings and awards, and sharing information on wing-level training opportunities.

The Communications Committee, led by C/2d Lt Yew, is the only committee returning from the previous term. Its mission is to improve communication across the wing, with a particular focus on evaluating the Alaska Wing magazine's reach and its impact on squadrons. The committee will also support other committees by assisting with information dissemination.

All committees are overseen by C/Lt Col Benedict, chairman of the Alaska Wing Cadet Advisory Council. Lt Col Benedict coordinates and directs council meetings via Google Meet, facilitates discussions, and provides guidance to support committee effectiveness. As the term continues, council members will develop and present proposals for improvements, systems, and strategies to be considered for implementation across the wing.

The Wing is signing up people already for summer UAS training. Join us!  
Below is a sample training scenario.

## **Post-Earthquake / Windstorm Neighborhood Damage Assessment (Rapid Imagery Capture)**

Story: After a significant quake or severe wind event in Southcentral Alaska, the EOC requests CAP to collect imagery of damaged structures and blocked roads for prioritizing response.

### Training objectives

Fly a rapid “route recon” mission over built areas.  
Produce usable, well-labeled imagery for interagency customers.  
Practice airspace deconfliction and privacy-aware operations.

### Setup

Area: small town grid or training village with pre-selected “damage targets.”

Include obstacles: powerlines, cranes, tall trees, controlled roadways.  
Simulate EOC tasking with changing priorities.

### Tasks to evaluate

Pre-brief with customer: required angles, resolution, deliverable timeline.

Flight: safe standoff distances, obstacle avoidance, steady orbit shots.

Data: consistent naming, time stamps, geo-tags; quick-look report.

Crew roles: MP/UAS technician coordination and workload management.

### Success standard

Complete target list within sortie time, zero safety deviations.

Deliver imagery set + 1-page summary that an EOC can use immediately

Laura Emerson

Alaskauu1@gmail.com

1 907 795 5586 (tel)

[https://www.amazon.com/Log-Cabin-Reflections-Off-Grid-Homestead-ebook/dp/B0BZN1FZR9/ref=sr\\_1\\_1](https://www.amazon.com/Log-Cabin-Reflections-Off-Grid-Homestead-ebook/dp/B0BZN1FZR9/ref=sr_1_1) (book)

# UNMANNED AIRCRAFT SYSTEMS



The Alaska Wing operates sUAS to support Civil Air Patrol's missions, preparing members to safely and effectively employ this emerging technology.

## **4 CONSECUTIVE DAY SESSIONS STARTING:**

- Thursday, April 23 – Valdez
- Thursday, June 25 – Birchwood
- Thursday, August 27 – Birchwood

### **DAY 1**

**0800 – 0900 Class Registration**

**0900 – 1700 – 8 hour Initial UAS Groundschool**

### **DAY 2**

**0900 – 1100 – UAS Systems Training**

**1200 – 1800 Initial UAS Flight Training**

### **DAY 3**

**0900 – 1800 Flight Training & Check flights (Form 5U)**

### **DAY 4**

**0900 – 1600 Flight Training & Check flights (Form 5U)**

**TO ENROLL CONTACT: MARY STELLA –**  
**Email: [uas@akwg.cap.gov](mailto:uas@akwg.cap.gov) – Phone: 1 907 231 3960.**

## Aircraft Radio Reprogramming Starts

LtCol. Tom “Polo” Palmer

LtCol. Kristin Freeman

During the first full week of January, (except for CAP GUARD). The eight of the aircraft in the Anchorage area had their radios programmed with the new code plug. The memorandum took effect on 1 May 2025.

Those 24 words don’t describe what went in to making it happen!

The new code plug reflects a memorandum issued by NHQ on 26 March 2025, requiring CAP to end all use of analog VHF radio channels

Starting in December, LtCol. Tom Palmer and Maj. Caleb Newville checked all of the wing aircraft (except for the one in Juneau) to see if the radios in the aircraft had a connector that allows the aircraft radio to be reprogrammed without removing the radios from the front panel of the



Maj. Siebe connecting the programming cable to the plug in the aircraft.

LtCol. Freeman watching the progress of the code plug download.



aircraft. Eleven of the wing aircraft have such a connector. They provided photos of the connectors to LtCol. Kristin Freeman.

Maj. Eric Freeman, of Idaho Wing, put together a channel plan (also called a code plug) for the Alaska Wing aircraft that is largely a copy of the national code plug, but with a few added channels that are specific to Alaska. Capt. Mark Sheets, of Colorado Wing, also assisted with developing the code plug. Both Maj. Freeman and

Capt. Sheets provided assistance and guidance to LtCol. Freeman in how to use the programming software.

Maj. Carl Siebe met LtCol. Freeman at the Lake Hood hangar on the 8th, 9th, and 10th of January. He accompanied LtCol. Freeman to each of the aircraft, powered up the front panel, and wriggled into position on one aircraft to attach the programming cable to the connector.

# Basic Electronics for Communicators

By: 2Lt Alan Sorum

Operators of Very High Frequency (VHF) and High Frequency (HF) radios should have some understanding of basic electronics. Not only does this information make for better communicators, it is also a key to ensuring the safe setup and operation of radios.

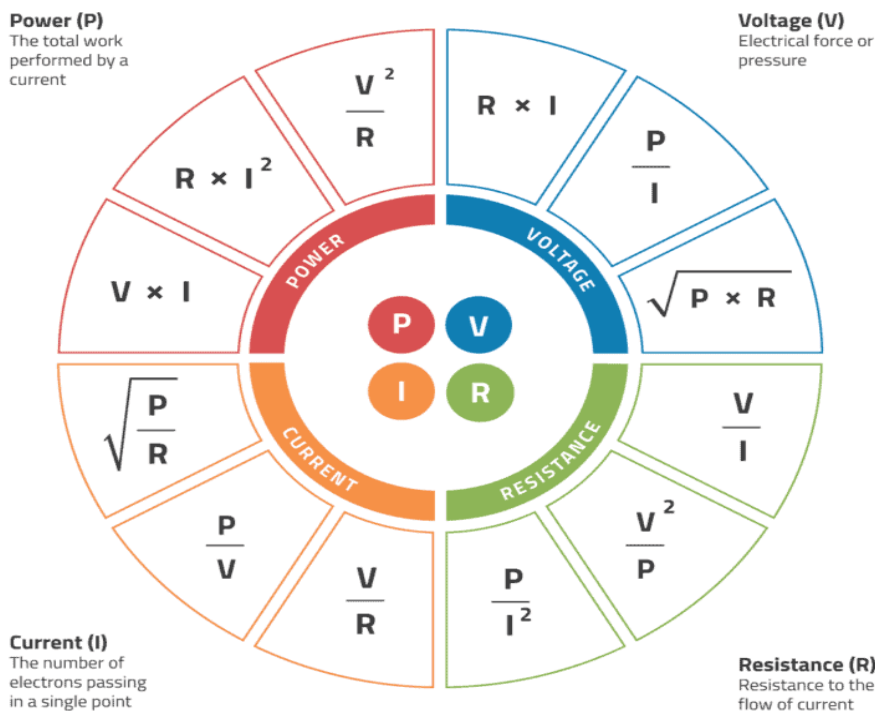
broken wire, is an open circuit and no current flows,

We are all familiar with the power source found in our homes. The electricity provided by the local power company is known as alternating current (AC). Household current cycles 60 times per second (60 Hertz or Hz), meaning it reverses 120 times per second (twice a cycle). Direct current (DC) is found in things like a flashlight or car battery. In a circuit that could light a bulb, DC current moves in only one direction from the positive source to a ground.

Measuring Electricity. There are common measurements for the quality and quantity of power used or produced. First is the volt (V) that is the measure of electrical potential between two points. It can

be compared to water flowing through a pipe. The faster a water pump turns, the higher the pressure it produces. A car battery typically is 12 volts, while most household current is 110 volts.

Using our water system analogy again, the ampere (A) is a measure of the current or flow of electrons traveling



## Power, Voltage, Current & Resistance Calculator Ohm's Law (P,V,I,R) Calculator

AC and DC Electrical Current. Current is the flow of electrons through a conductor like a copper wire. In a circuit, current flows from a power source to an appliance or device using the power and then back again to the source in a loop. If this loop is closed, the current will flow and if it stopped by switch or

through a wire. It can be thought of as the gallons per minute a hose delivers at the nozzle.

Electrical resistance or the restriction of electrons in a conductor is measured in ohms ( $\Omega$ ). Water moving from a larger to smaller pipe will see an increase in resistance.

Measuring Electrical Work. A related item that you will often see is the watt (W). A watt is a measurement of the electrical work performed when one amp flows across the electrical potential difference of one volt. This is an important concept in that it is critical to understand if an electrical load too much for a particular circuit. The simple formula is amp times volts equals watts. An electric heater that uses 3,000 watts of power would trip a circuit breaker rated for 20 amps ( $20A \times 110V = 2,200W$ ). Overloaded circuits can trip circuit breakers, start fires and harm electrical equipment.

Batteries. Batteries are evolving technologically every moment. Batteries can be disposable like the alkaline batteries that might be used in a flashlight and those that can store and later provide a source of power. Batteries have four main components, the cathode (positive) side of the

battery, anode (negative) side of the battery, a chemical solution or electrolyte and something to keep the anode and cathode separated. Storage batteries can be based on lead-acid designs as in a car battery or be something like the lithium-ion battery that could be found in a cell phone. A key safety factor to remember is that batteries do not like short circuits. Allowing a positive wire to contact a negative one can cause an explosion, fire or worse.

Understanding electrical fundamentals is important for a radio operator. Many HF radios require 20 amps of current at 12 volts to transmit, meaning the size of the power supply is essential to its operation. Transmission line (coax) comes with different levels of electrical resistance. Television coax is often 75 ohms, but coax for radios is mostly 50 ohms, so their use is not interchangeable. Understanding power demands, the wattage of a device, allows for the proper sizing of cables and circuit breakers or fuses.

This article is a brief introduction to basic electronics. Radio communicators with improve their skills and operating abilities as they learn more about electronics and the technology used to develop our CAP equipment.

# CAP Fundraising

By Laura Emerson

Over the years, our Wing's squadrons have launched an impressive variety of fundraising activities.

If your squadron needs some inspiration to add to your coffers in 2026, consider some of these clever and effective ideas utilized by squadrons throughout the state, past and present:

Polaris: Carwashes

Arcturus: Soft drink machine

Juneau: Honorariums for color guard presentations at community events

Delta: Krispy Kreme donut sales

Bristol Bay: Walkin' Tacos (open Frito bag with meat/lettuce/tomato/cheese added) King Salmon: Building & selling birdhouses

Tok: Wreaths Across America CHAMPS!

Valdez: Donations from local United Way chapter

Kodiak: Carwashes, request community members for donations, submit grant requests, coordinating with local grocery store to stand in front of store and ask for donations

Lake Hood: Fred Meyer Community Rewards, Wreaths Across America, Swag bag stuffing for IDEA fair, serving meals at local VFW, coordinating with local grocery store to stand in

front of store and ask for donations, sharing proceeds for a day with local restaurants (e.g. Round Table Pizza, Pita Pit).

Some squadrons coordinate with employer match programs, Fred Meyer Community Rewards, CARES act, WalMart and other grants, Pick, Click, Give (from the PFD), and asking local organizations for donations in kind (like food, painting supplies, or exercise equipment) or financial. Relatives and friends can make donations through the red heart button on your squadron's website.

What other ideas occur to you?

Please remember that any fundraiser needs prior approval of our Wing Commander after submitting Form 173-4. Also, if the activity involves the presence of cadets (vs online donations or grant proposals), attach a Deliberate Risk Assessment worksheet (CAPF 160).

For more information see (requires CAP Gmail login): <https://sites.google.com/akwg.cap.gov/intranet/programs-cadet/fundraising>



## NESA-MTT Schedule 2026

2026			
ICS-300	NHQ West Coast (See Note 3)	Virtual	6-22 January 2026 (Evenings)
ICS-300	NHQ Southwest (See Note 3)	Mesa, AZ	16-18 January 2026
ICS-400	NHQ East Coast (See Note 3)	Virtual	7-8 February 2026 0800-1700
ICS-400	NHQ West Coast (See Note 3)	Virtual	21-22 March 2026 0800-1700
ICS-300	NHQ East Coast (See Note 3)	Virtual	10-12 April 2026 1800-2200 Friday 0800-1700 Sat-Sun
ICS-300	NHQ West Coast (See Note 3)	Virtual	15-17 May 2026 1800-2200 Friday 0800-1700 Sat-Sun
G-191	NHQ East Coast (See Note 3)	Virtual	13 June 2026 0800-1700
ICS-400	NHQ West Coast (See Note 3)	Virtual	25-26 July 2026 0800-1700
K-2300	NHQ East Coast (See Note 3)	Virtual	7-9 August 2025 1800-2200 Friday 0800-1700 Sat-Sun
ICS-300	NHQ West Coast (See Note 3)	Virtual	18-20 September 2026 1800-2200 Friday 0800-1700 Sat-Sun
ICS-400	NHQ West Coast (See Note 3)	Virtual	7-8 November 2026 0800-1700
ICS 300	NHQ East Coast (See Note 3)	Virtual	October 1, 6, 8, 13, 15, & 20 1800 - 2200
G-191	NHQ East Coast (See Note 3)	Virtual	Dec 8 & 10 1800 - 2200

If you have any questions relative to the NESA-MTT schedule. Please go to [DOSI@capnhq.gov](mailto:DOSI@capnhq.gov) or call (480) 298-2603.



Civil Air Patrol

## EDUCATION AND TRAINING

unofficial non-sponsored Education and Training group for members of the Civil Air Patrol

### Office Hours

Days: 1st. and 3rd. Wednesday of each month

Hours: 5:00 PM to 7:00 PM - AK Time

Link to connect:

Time zone: America/Anchorage

Google Meet joining info

Video call link: <https://meet.google.com/vzw-xnos-gtx>

### January

25 – Level I Onboarding Classes 5:00 to 7:00 PM - (Seniors only)

Members of Level I will be guided through the process via eservices to see what they need to complete it.

25 - Public Affairs Webinar 7:00-8:00 PM (Cadet and Seniors)

28 – Emergency Services How to create a FEMA Account - 6:00 to 8:00 PM  
(Cadet and Seniors)

Adult members and cadets will be assisted in creating a FEMA account so they can take the required courses for the various Emergency Service qualifications.

### February

4 – Specialty Track Completion Class – Part 2 - 5:00 to 7:00 PM - (Seniors only)

We will be working to complete your specializations and will go through each task until it is finished. You will be assigned a mentor to help you in the process.

12 – Emergency Services GES 116 - 6:00 to 8:00 PM - 6:00 to 8:00 PM (Cadet and Seniors) I will be teaching the GES 116 course and then they will take the exam.

## **February continued**

15 – Level II Moderate Courses Start 5:00 to 7:00 PM - (Seniors only)

The moderate level II courses will be taught until they are completed on the dates indicated in the calendar.

19 – 117 – Part 1 Course - 6:00 to 8:00 PM (Cadet and Seniors)

I will be teaching the 117 part - 1 course and then they will take the exam.

22 - Level II Moderate Courses continue 5:00 to 7:00 PM - (Seniors only)

The moderate level II courses will be taught until they are completed on the dates indicated in the calendar.

## **March**

1 – Level II Moderate courses continues 5:00 to 7:00 PM - (Seniors only)

We will be working to complete your specializations and will go through each task until it is finished. You will be assigned a mentor to help you in the process.

12 – Aircraft Ground Handling - 6:00 to 8:00 PM (Cadet and Seniors)

Bring the course presentation and then they will take the exam.

15 – Level II Moderate courses continues 5:00 to 7:00 PM - (Seniors only)

The moderate level III courses will be taught until they are completed on the dates indicated in the calendar.

19 – WMIRS Class - 6:00 to 8:00 PM (Cadet and Seniors)

The WMIRS platform will be presented, explaining how it works and its areas.

22 - Level II Moderate Courses complete 5:00 to 7:00 PM - (Seniors only)

The moderate level II courses will be taught until they are completed on the dates indicated in the calendar.

## **April**

9 – ICS Forms - 6:00 to 8:00 PM (Cadet and Seniors)

The forms used and how to complete them will be presented.

**Maj. Julie G. Rivera Mercado**

**AKWG Education and Training Director**

**Cel. 787-424-0560**



# March



2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 ET - Level II Moderate courses Continues - hours 5-7	2	3	4 Education and Trainig Office Hours 5-7	5	6 Arctic Connect 26	7 Arctic Connect 26
8 Arctic Connect 26	9	10	11	12 ES - Aircraft Ground Handling Hours 5-7	13 SUI Prep seminar Online Hours 6-9 PM	14
15 ET - Level II Moderate courses Continues - hours 5-7	16	17	18 Education and Trainig Office Hours 5-7	19 ES - WMIRS Class Hours 5-7	20	21
22 ET - Level II Moderate courses Continues - hours 5-7	23	24	25	26	27	28
29	30	31				

ACTIVITIES

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ET- Education and Training  
PA- Public Affairs  
ES- Emergency Services

**For Education and Training, Public Affairs and Emergency Services classes here is the link to connect - Google Meet joining Info Video Call link:**  
<https://meet.google.com/vzw-xnos-gtx>

# April



2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 Education and Trainig Office Hours 5-7	2	3	4
5	6	7	8	9 ES - How to fill ICS Forms Hours 5-7	10	11
12	13	14	15 Education and Trainig Office Hours 5-7	16	17	18
19 Education and Trainig Level II Moderate courses Continues - hours 5-7	20	21	22	23 UAS Training 4-Days	24 UAS Training 4-Days	25 UAS Training 4-Days
26 UAS Training 4-Days	27	28	29	30		

ACTIVITIES

**Region Cadet Competition**

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ET- Education and Training  
PA- Public Affairs  
ES- Emergency Services

**For Education and Training, Public Affairs and Emergency Services classes here is the link to connect - Google Meet joining Info Video Call link:**  
<https://meet.google.com/vzw-xnos-gtx>

## Support Alaska CAP Cadets through Pick.Click.Give.

Through Pick.Click.Give, Alaskans can choose to give a portion (or all) of their Permanent Fund Dividend (PFD) to charity. Thanks to generous donors from all over the state, Alaska Wing Civil Air Patrol Cadet Programs has used donations to support critical mission activities, including aerospace (and other STEM) education, emergency services, and cadet programs. When filling out your PFD application, please consider making a difference by contributing to the Alaska Wing Civil Air Patrol Cadet Programs (just “Search Organizaitons” for the name “Civil”)

Please forward this newsletter to your Alaskan neighbors, friends, co-workers, and family who may like to see what Civil Air Patrol does in Alaska and may like show their appreciation for the great work Civil





Helpful Links:

PFD Application Information: <https://pfd.alaska.gov/>

Pick.Click.Give General Information: <https://www.pickclickgive.org/>

Pick.Click.Give listing for Alaska Wing (AKWG) Civil Air Patrol (CAP) Cadet Programs: <https://www.pickclickgive.org/index.cfm/pfdorgs.info/Civil-Air-Patrol-AKWG-Cadet-Programs>

Very Respectfully,

Maj. Karen L Padgett

Pacific Region Assistant Cadet Activities Officer

Alaska Wing Assistant Director of Cadet Programs Lake Hood Cadet Squadron, Anchorage, Alaska

Civil Air Patrol, U.S. Air Force Auxiliary

# Wing Vacancies

## **Director of Aerospace Education**

Ensure training for newly-appointed aerospace education officers. Develop and carry out the wing Plan of Action for aerospace education. Visit and communicate with subordinate units. Provide subordinate program support, as necessary and reasonable. Ensure members earning Yeager awards have such entered in eServices; issue certificates. Maintain continuous records of Wing AE activities for reporting purposes Support the AE program with a regular newsletter, or, include an AE column in the Wing newsletter. Ensure the dissemination to all subordinate AEOs of changes in programs, regulations, policies, and procedures relevant to aerospace education. Support external aerospace education outreach programs and activities requested of the Wing. Ensure nominations are made for AE awards by subordinate AEOs, and, at the Wing level- by due dates. Ensure unit AEOs are aware of AFA grant dates to support aerospace/STEM activities. Contact Wing AEMs during the year to provide information about Teacher Orientation Program (TOP) flights; coordinate TOP flight requests with Wing DO.

## **Health Services Officer**

Responsible for advising CAP commanders and units on the health, sanitation and hygiene of CAP members relevant to CAP activities. (See CAPR 160-1(I) for policy on emergency medical treatment).

## **Personnel Officer**

Membership records and applications.

Organizational actions (charters, deactivations, etc.).

Awards and decorations.

Duty assignments.

## **Logistics Officer**

The logistics officer advises the wing commander on the status of their respective property management programs and leads programs in accordance with CAPR 130-1 and wing supplements. They shall:

Train and oversees subordinate unit property management officers

Account for property assigned to the wing.

Be responsible for real property management in accordance with CAPR 130-1

## **Website Administrator**

A webmaster, also known as a website administrator, is responsible for the maintenance and upkeep of an organization's websites and servers. Their responsibilities include site maintenance: Performing routine maintenance and updates to ensure sites are functional, current, and accessible. Webmasters should be able to work independently and with a team, meet deadlines, adapt quickly, and have good communication skills.

**FOR FULL JOB DESCRIPTION AND DUTIES, REFER TO CAPP 30-1**

# JOIN US

The year 2026 is here, and at Alaska Wing, we have many plans in the works. Training sessions, activities, seminars—lots of them. It promises to be a year of new and fun experiences, not only for cadets but also for seniors. Staying active is the challenge that will lead us to achieve new goals this year.

This online publication is designed to attract, inform and motivate readers through photographs, text and stories. We see and feel the four core values in the faces and body language of the cadets and senior members portrayed herein. Submissions are accepted through the 10th of each month. Be safe and live our core values!

And please, thank, congratulate, and mentor your fellow CAP members whenever possible. In any volunteer organization, the only form of compensation is saying “job well done; thank you.”



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