

2021 AKWG Cadet Competition CPFT Results							
TEAM NAME:							
Cadet Name	CAPID	Age	PACER lengths run (20m at video cadence)	Curl-ups (in 60 sec, forearm-to-thigh)	Push-ups (at 3-second cadence)	_	
Cadet Commander							
#2							
#3							
#4							
#5							
#6							
Competitors listed alphabetically by last name after Team Cadet Commander							
If <6 competitors in the team, write "Ghost" for cadet name							