**COTY WORKSHEET 2022**

Please fill out as completely as possible.

Full Name:

CAP ID:

Home Address:

Age:

Grade:

Top 5 **Local CAP Activities** (Focus on this year, but include the best of past activities as well):

1.

2.

3.

4.

5.

Top 6 **Regional CAP Activities** (Focus on this year, but include the best of past activities as well):

1.

2.

3.

4.

5.

6.

Top 4 **National CAP Activities** (Focus on this year, but include the best of past activities as well):

1.

2.

3.

4.

Top 7 **CAP Honors and Awards** (Focus on this year, but include the best of past activities as well):

1.

2.

3.

4.

5.

6.

7.

**SYNOPSIS OF HIGH SCHOOL ACTIVITIES**

(List chronologically all organization memberships, offices held, honors, sports, volunteer activity)

1.

2.

3.

4.

5.

6.

7.

8.

9.

GPA:

PSAT:

SAT:

ACT:

HONORS CLASSES or COLLEGE-LEVEL/AP COURSES:

**SYNOPSIS OF ALL OTHER ACTIVITIES OR AWARDS**

(List social, community, church, and other nonscholastic activities, volunteer work or awards)

1.

2.

3.

4.

5.

6.

**EMPLOYMENT** (everything you can think of that you are paid to do-include any promotions)

1.

2.

3.

4.

5.